



# National Sports Arena

Sport Ireland Campus, Dublin, D15 EPN4

## April 6th and 7th 2024

Viking SAC are inviting you to the Dive and Watersports Show.

This year will be the Biggest Dive Show Ever, along with Scuba Diving we will be featuring freediving, paddleboarding snorkelling, sea-swimming, ocean photography and more.

There will be talks on the discovery of Shackleton's ship "Endurance" Space rockets and Titanic, tech talks, record breaking freedivers and adventure swimming.

We are introducing an indoor Boat Park, an Artisan Market, a Wellness Workshop area where you can try out the Wim Hof Method and some exciting demos from our emergency services. This is a family event and a weekend not to be missed.

# Dive Ireland Expo

## Dive and Watersports Show

[www.diveireland.ie](http://www.diveireland.ie)

[@diveirelandexpo](https://twitter.com/diveirelandexpo)

# Our Amazing Speakers

## Guest Speakers and Forums

	Main Stage	Tech Stage	Upper Deck
Saturday 6th April	10.30am	<b>Derek Bolton</b> Underwater Photography	<b>Tek Deck</b> Organised By Matt Jevon (SWT)
	11.30am	<b>Wim Hof Breathing Workshop by John McKeown (Loving Oxygen)</b> Wellness Area	
	12.30pm	<b>Mensun Bound</b> Shackleton's Endurance	<b>Ruairi Strachan</b> Seabed and Wreck Mapping
	13.30pm	<b>Rory Golden</b> Deep Ocean Exploration	<b>Barry McGill</b> A Divers Guide to Shipwreck Exploration
	14.30pm	<b>Dave McGowan</b> Freediving Record Holder	<b>Phil &amp; Anne (Alphamarine)</b> UW Photography Equipment, when to upgrade
	15.30pm	<b>Wim Hof Breathing Workshop by John McKeown (Loving Oxygen)</b> Wellness Area	
	16.30pm	<b>Mensun and Rory</b> Questions and Answers	<b>Tek Deck - Karla Reynolds</b> Women in Tech Diving
			<b>Underwater Medical Forum</b>
			<b>Snorkelling Forum (Room 1)</b> <b>General Membership Forum (Room 2)</b>
			<b>Underwater Hockey Forum (Room 2)</b> <b>Padi Forum (Room 1)</b>
			<b>Freediving Forum</b>

	Main Stage	Tech Stage	Upper Deck
Sunday 7th April	10.30am	<b>Nuala Moore</b> Extreme Swimming	<b>Revenue and Customs</b> Maritime Operations
	11.30am	<b>Wim Hof Breathing Workshop by John McKeown (Loving Oxygen)</b> Wellness Area	
	12.30pm	<b>George Karbus</b> Award Winning Underwater Photography	<b>Charlie - Emerald Freediving</b> Freediving Breath Workshop
	13.30pm	<b>Ken O'Sullivan</b> Filmmaker and Conservationist	<b>Tek Deck - Mark Powell</b> Why divers do stupid things!
	14.30pm	<b>Vincent Hyland</b> Marine Wildlife	<b>Matt Jevon's Tek Deck</b> Debunking Modern Controversies - Tech Diving
	15.30pm	<b>Wim Hof Breathing Workshop by John McKeown (Loving Oxygen)</b> Wellness Area	
	16.30pm	<b>Sea Shepard Ireland</b> Ghost Nets	<b>Tek Deck</b> Organised By Matt Jevon (SWT)
			<b>Search &amp; Recovery Forum</b> 13.00 - 14.00

### Ken O Sullivan

An award-winning documentary filmmaker & underwater cameraman since 2005, & ocean conservationist for most of his life. Ken has produced, directed & filmed natural history documentary series for broadcasters RTE & TG4 & worked as cameraman /director for BBC NHU, & other international broadcasters. Ken has produced North Atlantic 2023, Ireland's Deep Atlantic 2018, The Silver Branch 2017, Ireland's Ocean 2014, Farraigi na hÉireann 2011 & Sea Fever 2007. In 2019 Ken donated all of his work to education, and Deep Atlantic is now a part of the Junior Cycle curriculum. Ken's book Stories from the Deep which documents his life exploring the North Atlantic is a critically-acclaimed best seller.



### Vincent Hyland - Wild Derrynane

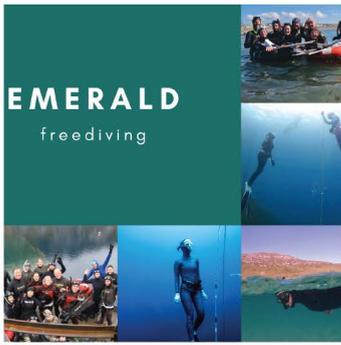
Living in Kerry, Vincent is an avid environmentalist and underwater explorer. He has filmed as far away as Antarctica, Africa & Galapagos. Vincent has devoted his time to documenting the biodiversity of Derrynane. Pick up a copy of Vincent's new book Wild Derrynane and pop over to our interactive area where you can learn more. From a documentary series 'Call of the Wild' on RTE to being featured on RTE's Hot Air - Ireland's Climate crises, Tracks and Trails, BBC's Search for Ireland's Giant Turtles, Vincent has written, directed, narrated, filmed and appeared in a variety of shows for TV. He has also made three feature length documentaries about the coastal wildlife of his beloved place, Derrynane, Kenmare Bay, the Skelligs & the Bull Rock they are; Ireland's Seabirds & Marine Life, The Bay - Kenmare Bay Underwater & Puffins of Skellig Michael.

**Schedule correct at time of printing.**

**Keep an eye on our website for the up to date schedule**

**[www.diveireland.ie](http://www.diveireland.ie)**

# More of our Amazing Speakers



Charlie and Dave

## Emerald Freedivers

Hear 4 times Irish National Record holder, coach Dave McGowan and Instructor Charlie Gray speak on freediving in Egypt and Ireland.

**Nuala Moore**  
Irish Open Water Swimmer and an adventurer, mostly known for her extreme ice swims. Nuala swam in some of the coldest, remote & most dangerous waters in the world, including the Bering Strait & Drake Passage.



Nuala Moore



Barry McGill

**Tech:** a deep wreck photographer & CCR trimix instructor trainer Barry's has discovered and explored previously undiscovered shipwrecks and has been part of many TV documentaries and his images have appeared in numerous books.

**Award Winning Photographer**  
Hear how George went from Surfer to award winning photographer, living his dream life travelling the world and oceans.



George Karbus



John McKeown

## Wim Hof Method

Do a breathing workshop with John on the Wim Hof Method and start your cold water therapy journey.

**UW Photography**  
Anne and Phil have dived all around the world. They teach underwater photography classes and supply the equipment. When is it time to upgrade your underwater camera?



Mensun Bound

## Shackleton's Endurance

A maritime archaeologist. Mensun is best known as director of exploration for 2 expeditions which led to the rediscovery of Sir Ernest Shackleton's the Endurance.

**Deep Ocean Exploration:**  
Hear the details from Ireland's own deep-sea expert on his expeditions over the years on the Titanic and the recovery of the Apollo 11 space rocket engines."



Rory Golden



Alphamarine

**Tek Deck: Expedition** (beyond 100m) level Trimix & Cave instructor on Open Circuit and Rebreathers with TDI, PADI and ANDI. This is the man for all your tech questions and issues.



Andrew Ryan

**Customs:** Drugs Watch programme with an emphasis on the diving community, along with their role as the Receiver of Wrecks, combatting smuggling, parasitic devices on vessels & much more.

## Underwater Photography

Learn from someone who is passionate about UW photography, Derek runs the Diving Ireland underwater photography exhibition every year and has a wealth of knowledge and experience.



Derek Bolton

## Structure-from-Motion Photogrammetry

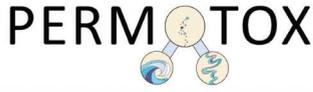
There are hundreds of known wrecks around Ireland, some that are still potentially uncharted and many of which are accessible closer to shore and known only to our local diving community.



Matt Jevon

Keep an eye on our website for the up to date schedule  
[www.diveireland.ie](http://www.diveireland.ie)

# Get Involved - Have Fun



## DCU's Permotox Project

The aim of the DCU PERMOTOX project is to investigate the impact of persistent, mobile, and toxic substances, as well as very persistent and very mobile substances, on water quality in Ireland. This project involves analyzing water samples collected during a water blitz, where volunteers gather surface water samples over a three-day period. These samples will be chemically analyzed by DCU researchers. The project aims to understand the pathways of these chemicals in the Irish environment and provide recommendations for robust monitoring programs to identify and address areas of concern in Irish waterways.

Citizen science, which involves the public participating in scientific investigations, is integral to this project. Volunteers over the age of 18 are invited to sign up during the Dive and Water Sport Expo 2024 on April 6th-7th at Sport Campus Ireland.

The project is co-funded by the European Union and local bodies, including the EPA Research Programme (2021-2030) and Partnership for the Assessment of Risks from Chemicals (PARC). The EPA Research Programme is a Government of Ireland initiative administered by the Environmental Protection Agency, aimed at coordinating and promoting environmental research.

Atlantic Youth Trust CLG is an Irish registered charity, which exists to build life skills, resilience, and co-operation in youths across the island of Ireland through the challenge of the sea.

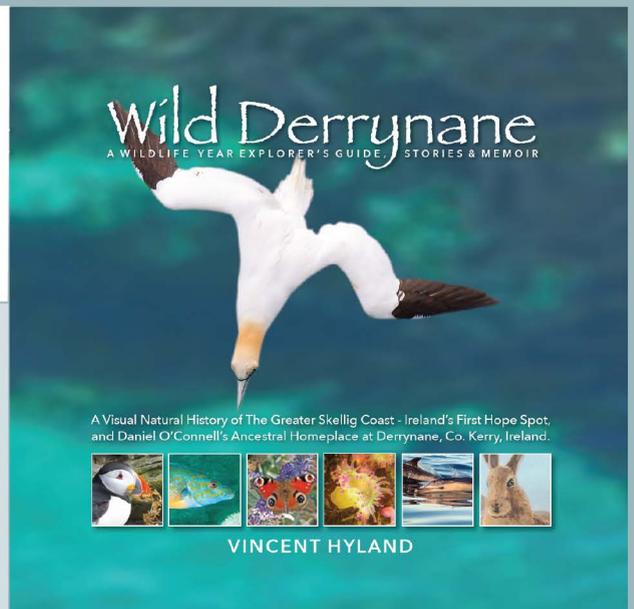


*Amaze adults and children with this!*



## Vincent Hyland - Augmented Reality

From the writer of Ireland's "most beautiful book" see another world through augmented reality. Developing a suite of digital interactive tools, towards 'storied' outdoor experiences. Augmenting the Sustainable Marine Environment with an emphasis on STEAM and the Sustainable Development Goals.



"Augmenting coastal biodiversity and ocean experiences through 'storied' AR and interactive experiences."



# Get Involved - Have Fun

## Visit the ARC



Yes, the ARC is literally a truck-sized classroom. The ARC travels all around Ireland, visiting primary schools and sharing all that aquaculture has to offer. The ARC is completely funded through the EU and so is free for primary schools. Let your little ones be amazed and learn about aquaculture - the farming of plants and animals in the water. Although almost all of us have seen and understand farming on the land, not many people are aware that we also farm plants and animals in the water. Visit the ARC free of charge at Dive Ireland Expo on 6th April.

*Wear something comfy  
and take in a workshop*

### Get “High on Life” with a Wim Hof Breath Workshop 11.30am and 15.30pm Daily

John is a Level 2 certified Wim Hof Method Instructor since 2017 and a Qi Gong Instructor since 2019. Through these methods as well as research resulting from personal experience I aim to teach people techniques to boost their immune system and learn how to handle stress and anxiety.

I have taught the methods through workshops around Ireland and abroad and the feedback from participants is amazing. The result is to feel more relaxed and “High On Life“.

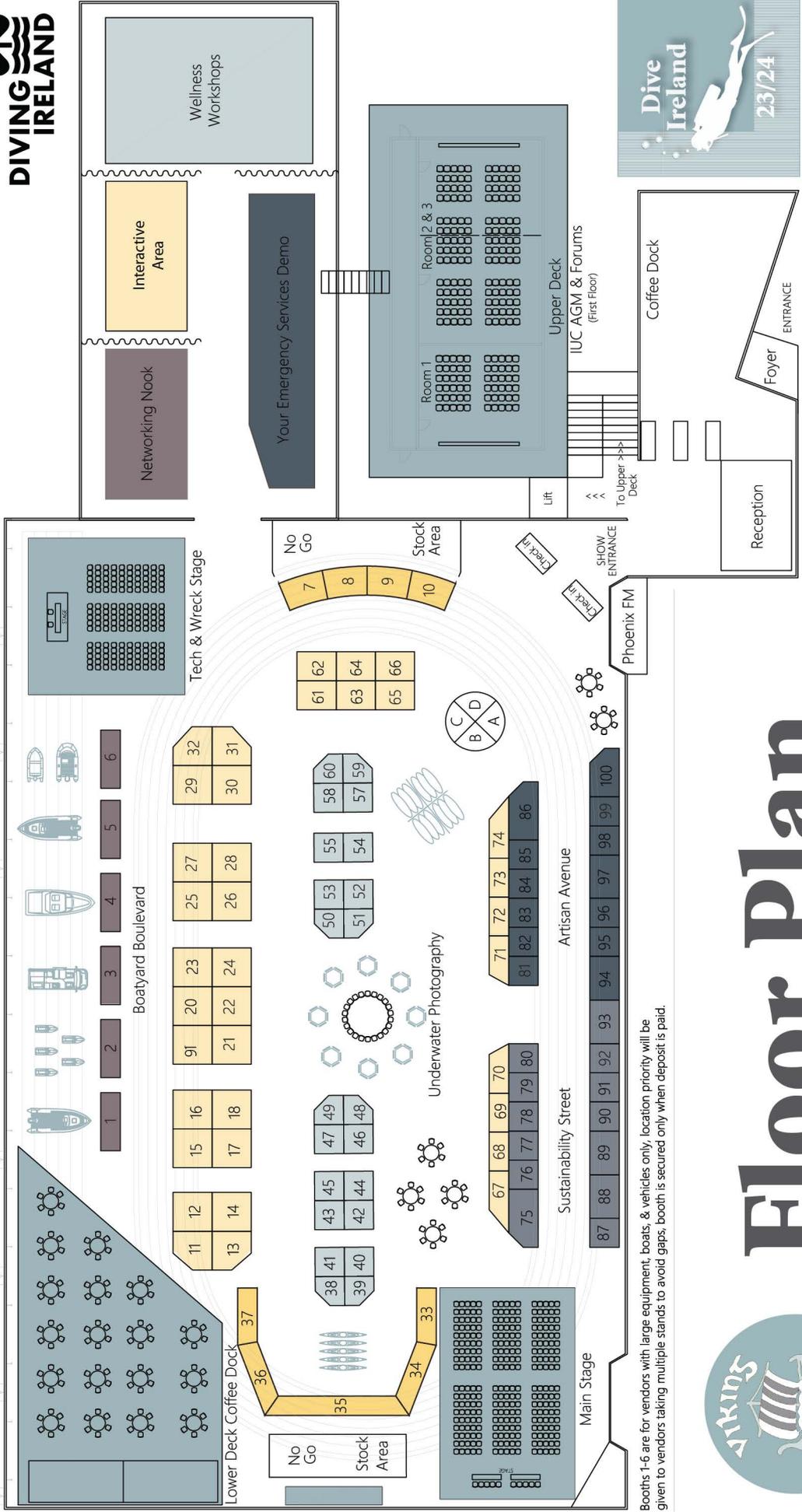
Let me introduce you the methods and let you take control of your health both physically and mentally.



# DIVE IRELAND EXPO 2024 SPORTS CAMPUS IRELAND



Scale 1:500



DIVE IRELAND EXPO 2024 SPORTS CAMPUS IRELAND



# Floor Plan



Booths 1-6 are for vendors with large equipment, boats, & vehicles only, location priority will be given to vendors taking multiple stands to avoid gaps, booth is secured only when deposit is paid.

# Dive Ireland Expo Trade Show



*some of our amazing vendors*



# New for 2024

**Indoor Boat Park - everything is under the one roof.**

**Artisan Avenue giving an authentic market feel with something for everyone including jewellery, homewares, pottery, foods, collectables, art and more.**

**Family Friendly areas and interactive spaces, workshops in Freediving and Wim Hof Breathing Methods will make an unforgettable weekend.**

**Designated seating to enjoy lunch or a coffee and a chat.**

**2 Large Stages packed full of interesting speakers for the diver, water-sport enthusiast and their families.**

**A networking nook, should you need a space to talk business.**

## Tek Deck

**Brought by Matt Jevon of South West Technical**



### The Elephant in the Water

Debunking Modern Controversies in Technical Diving – Matt Jevon



Matt Jevon: MSc, FIoD, TDI CCR and Cave Instructor will address the latest discussions that all divers, instructors and instructor trainers in recreational or technical should immerse themselves in. It will be a high-level overview of the latest thinking that maybe hasn't made it to the training materials yet.

**Guest Speakers on Tek Deck will include**



**Mark Powell** author of Deco for Divers, a widely acclaimed overview of the theory and physiology of decompression. This has quickly become the standard text on the subject and is recommended reading by a number of the technical diving agencies. In 2010 Deco for divers was awarded "Publication of the Conference" at the EuroTEK.10 technical diving conference and in 2014 it won the Media Award at TekDive USA.



**Karla Reynolds - Women in Tech**  
Karla is the only Netherlands female tech instructor, trained through GUE and TDI/SDI Karla is also a JJ-CCR rebreather diver and SDI course director. A partner in Light and Dark diving she will share her experiences of how women can achieve in a historically male dominated world.

**For more info go to [www.diveireland.ie](http://www.diveireland.ie) @diveirelandexpo**